

# iKids U® Activities at GES

## Art

"Creativity takes courage" – Henri Matisse. From Renaissance to Pop Art, da Vinci to Rothko, the iKids U Art class explores the diverse world of art and art history using various techniques and media. Teaching the basic elements and principles of art, we foster creativity while emphasizing the idea that there are no mistakes in art. Students enjoy lessons in surrealism, perspective, parody art, clay sculpture, painting, cartooning, recycle art, and more!

## Cooking - Jr Chefs

HOW TO have fun in the Kitchen! Young Chefs will learn basic culinary techniques, kitchen safety, and nutrition in this hands-on class. These young chefs will not only learn the difference between a tsp and a T and other proper cooking terminology, but they will gain firsthand experience in the kitchen as they mix, simmer, and more, to create a variety of delicious recipes.

## Creative Writing (2nd - 5th grade only)

Students will have the opportunity to improve writing skills and express themselves in an imaginative way! The basic building blocks of creative writing are introduced through the creation of students' original pieces. Poems, short stories, plays, sports writing, and more!

## Hip Hop

Is your child a future Cheerleader, Pom Squad Dancer, or Broadway Star? Give your child a head start with hip hop classes for learning choreographed routines, stage presence, coordination, dance skills, and more! Dancers are encouraged to be themselves in this high-energy, fun, and unique team environment!

## Karate

Focusing on powerful punch, kick and block techniques following martial arts principles, the Karate class instills discipline, respect, self-defense, balance, and coordination in a structured environment. Students have the opportunity to progress and demonstrate their abilities with periodic belt-testing throughout the school year. Karate students may also be invited to attend area tournaments. (additional fees may apply)

## Sewing (2nd - 5th grades only)

This class is SEW FUN! Students will acquire a range of skills from basic stitching to how to use a pattern to designing their own projects on a sewing machine! Creative, math and kinesthetic techniques are also developed. Complete project design from creative start to tangible finish!



## Drama

Expression, confidence, communication and fun are emphasized in Drama class. Students will learn about all aspects of the dramatic process including acting, screenwriting, costuming, set construction, and improv. Students will utilize these skills and this theatrical class will bring out the Oscar winner in your child!

## Fitness - Boot Camp

Fitness for all is the focus of this fun and energetic class! Being healthy is a way of life, so students will learn the importance of health and nutrition through a variety of group and individual activities that get their bodies moving! Students participate in a mini boot camp, learning proper exercising techniques and core strengthening. Students will move through different types of work-outs, such as cardio training, plyometrics, Latin aerobics, superhero fitness, and yoga. With a variety of fitness activities, this class will instill healthy thinking while fostering confidence, strength and well-being!

## Science - Jr Scientists

In this course our Junior Scientists will learn all about the FUNdamentals of science. From Astronomy to Biology, Paleontology to Chemistry, students are introduced to our amazing world through experiments, radical reactions, science illusions and spectacular demonstrations.

## Spanish

In this class, we will begin with the basics such as colors, numbers, and the Spanish alphabet. Then we'll move to more advanced conversational lessons such as clothing, weather, and calendar vocabulary. This Spanish class will give students the foundation to understand and speak Spanish. Students build cognitive skills with fun and exciting activities. Games, songs, crafts, and more are used to teach children the fun of learning another language!

*\*All supplies and equipment are provided for enrichment activities.*

